

01-03-  
2020

## LE ROCAS - 32 km - LIVIHNAC LE HAUT - dpt 12

Classement	LE	ROCAS	2020	-	32	km	-	LIVIHNAC	LE	HAUT	-	Exel	:cliquez	ici
Cl	Nom - Prénom	Temps	Cl	Cat	Cl	Sex	Moy.	Club/Ville						
1	DELLUS Julien	03:12:13	1	M0M	1	M	9,989	[12]	SEBAZAC	CONCOURES				
2	POUILLANGE Nicolas	03:16:10	1	SEM	2	M	9,788	[47]	SU AGEN	TRIATHLON				
3	DOULS Benoit	03:17:37	2	SEM	3	M	9,716	[12]		RODEZ				
4	BARACH Thomas	03:17:53	1	M1M	4	M	9,703	[12]		LAGUIOLE				
5	FAURE Antoine	03:22:43	3	SEM	5	M	9,471	[91]	BURES	SUR	YVETTE			
6	VAURS Pierre	03:24:23	4	SEM	6	M	9,394	[15]	RUNNING	CLUB	ARPAJON			
7	PERRIN Patrick	03:27:03	1	M2M	7	M	9,273	[43]	FARTLECK	LA	DENT	QUI		
	BOUGE													
8	SENTUCQ Quentin	03:28:04	5	SEM	8	M	9,228	[12]	TEAM	PIF	CAPDENAC			
9	GRAVES Frédéric	03:28:15	2	M2M	9	M	9,220	[46]	RUNNING	ASSIER				
10	DUPONT Rémy	03:33:49	6	SEM	10	M	8,980	[34]		MONTPELLIER				
11	VALIERE Julien	03:40:15	2	M0M	11	M	8,717	[12]	ONET	LE	CHATEAU			
12	SLUSARCZYK Pierre	03:42:54	1	M4M	12	M	8,614	[12]		ACVR				
13	QUINTARD Johan	03:43:21	2	M1M	13	M	8,596	[12]	RODEZ	TRIATHLON	12			
14	GELEBART Jonathan	03:46:28	7	SEM	14	M	8,478	[12]	VILLEFRANCHE	DE	ROUERGUE			
15	DELCLAUX Julien	03:52:43	3	M1M	15	M	8,250	[12]	LA	ROUQUETTE				
16	BROUZES Stéphane	03:55:47	4	M1M	16	M	8,143	[73]	MSN	73				
17	BOUTTONET Stéphane	03:56:57	3	M2M	17	M	8,103	[12]	TANA	QUEST				
18	LESPES Vincent	03:57:20	3	M0M	18	M	8,090	[33]	SAINT	ROMAIN	LA	VIRVEE		
19	CAVALIER Guillaume	03:58:12	8	SEM	19	M	8,060	[81]	SAINT	JEAN	DE	MARCEL		
20	VIALA Marc	03:59:33	4	M0M	20	M	8,015	[81]	ACLA	ALBAN				
21	POUSSERGUE Arnaud	04:00:55	9	SEM	21	M	7,970	[15]	SPIRIDON	AURILLAC				
22	LHERITIER Laurent	04:02:39	5	M0M	22	M	7,913	[15]	SANSAC	DE	MARMIESSE			
23	CROZES Antoine	04:05:47	5	M1M	23	M	7,812	[46]		FIGEAC				
24	LAMBERT Frédéric	04:06:28	1	M3M	24	M	7,790	[46]	TEAM	PIF	CAPDENAC			
25	CAUMON Cyril	04:07:35	6	M1M	25	M	7,755	[15]	RUNNING	CLUB	ARPAJON			
26	BROCHARD Sébastien	04:08:08	6	M0M	26	M	7,738	[15]	LE	LIORAN				
27	GALLEGO Arnaud	04:09:54	10	SEM	27	M	7,683	[12]		FIRMI				
28	CANTOURNET Nicolas	04:10:57	11	SEM	28	M	7,651	[15]	YTRAC	CLUB	NATURE			

29	BOURREL Jérôme	04:11:44	7 M1M	29 M	7,627	[12]	MORLHON	LE	HAUT
30	GREIN Clément	04:13:17	12 SEM	30 M	7,580	[46]	SCAC	TEAM	TIF
31	DELANNOY-LIBARLE Thibaut ATHLETISME	04:14:07		7 M0M	31 M	7,556	[46]		FIGEAC CLUB
32	BOSCUS Nicolas	04:14:24	8 M0M	32 M	7,547	[12]	PATULACCI	TEAM	TRAIL
33	LAPORTE Anthony	04:14:32	13 SEM	33 M	7,543	[12]	AMICALE	APER0	TRAIL
34	MILLOT Sébastien FRAISSE	04:15:17	8 M1M	34 M	7,521	[15]	LACAPELLE		DEL
35	CALMETTES Nicolas	04:15:54	4 M2M	35 M	7,503	[46]	TEAM PIF		CAPDENAC
36	MARIOU Laurent VILLENEUVOIS	04:16:23	2 M3M	36 M	7,489	[12]	COUREURS	DE	FOND
37	FABRE Jérémy	04:16:36	9 M0M	37 M	7,482	[15]			QUEZAC
38	ARNAL Eric	04:17:52	9 M1M	38 M	7,446	[12]	CPL	LA	PRIMAUBE
39	DEGOUTE Anthony	04:17:52	5 M2M	39 M	7,446	[12]			ARVIEU
40	FAUCHER Cyril	04:18:32	6 M2M	40 M	7,427	[33]	LES BARJOTS	DES	COTOS
41	CHASSAIN Emerson	04:19:53	10 M1M	41 M	7,388	[31]			BLAGNAC
42	HARDY Julien	04:20:12	11 M1M	42 M	7,379	[46]	RAID O	CAZELLES	MECOJIT
43	MURATET Vanessa	04:20:32	1 SEF	1 F	7,369	[15]			SPIRIDON
44	COURRIAN Olivier COTOS	04:23:32	7 M2M	43 M	7,286	[24]	LES BARJOTS	DES	
45	RUBIELLA Lionel QUICHOTTE	04:24:28	2 M4M	44 M	7,260	[33]	COLLECTIF	TRAIL	DON
46	FLAVIGNY Nicolas NAGEURS	04:26:51		10 M0M DE	45 M	7,195	[46]	FFTRI	CERCLE DES CAPDENAC
47	COURCHINOX Aurélien	04:27:31	11 M0M	46 M	7,177	[15]	SPIRIDON		AURILLAC
48	BESSE Mann	04:28:04	12 M0M	47 M	7,162	[12]	SALLES	LA	SOURCE
49	GALAN Lionel	04:28:11	12 M1M	48 M	7,159	[12]			BOZOULS
50	PAQUIER Charly	04:29:22	13 M1M	49 M	7,128	[72]	SAINT GERVAIS	EN	BELIN
51	MARCILHAC Gaëtan	04:29:24	14 SEM	50 M	7,127	[12]			GAGES
52	MANTEAU Loïc	04:32:00	15 SEM	51 M	7,059	[46]	CAF		FIGEAC
53	GRAFFOUILLERE Clément	04:32:39	16 SEM	52 M	7,042	[87]			LIMOGES
54	ECHE Florian	04:33:04	13 M0M	53 M	7,031	[12]	VCAN		FIRMI
55	LANOE Guillaume	04:33:43	17 SEM	54 M	7,015	[12]	TRAIL	DES	RUTHENES
56	DEMOY Olivier	04:35:29	3 M3M	55 M	6,970	[16]	TEAM 16	CLUB	MULTISPORTS
57	LAYRAC Sébastien	04:35:43	14 M0M	56 M	6,964	[12]			ESPEYRAC
58	VICENTE Cédric AIGUEFONDE	04:35:52	18 SEM	57 M	6,960	[81]	COURIR		ENSEMBLE

59	FAGES Maxime	04:36:06	19 SEM	58 M	6,954	[12]	BOZSPORT	NATURE
60	ROQUES Sébastien	04:36:14		14 M1M	59 M	6,951	[12]	RUN'IN CAUSSE ET DIEGE
61	DESANGLES Yanis	04:36:36	8 M2M	60 M	6,941	[12]	CAUSSE ET DIEGE	
62	CATOIRE Thomas	04:36:42	9 M2M	61 M	6,939	[33]	10STRICTOPTICIENS	
63	BARON Maiwen	04:37:41	2 SEF	2 F	6,914	[31]		FARTLECK
64	ROUGIE Guillaume	04:39:23		15 M1M	62 M	6,872	[12]	CAMJAC
65	CRUBILIE Joël	04:39:40	4 M3M	63 M	6,865	[46]	FIGEAC	AC
66	MUNTE Virginie	04:41:15	1 M1F	3 F	6,827	[46]	CORPUS CAHORS	CROSSFIT MONTAUBAN
67	MAYRAND Romain	04:42:14	20 SEM	64 M	6,803	[12]		PALMAS
68	BOUCHARD Kevin	04:43:08	21 SEM	65 M	6,781	[12]	TRAIL DES	RUTHENES
69	PONTHIEUX Wilfrid	04:43:56		5 M3M	66 M	6,762	[46]	GREALOU
70	COTTAIS Fabrice	04:44:50	6 M3M	67 M	6,741	[18]		BRECY
71	VALADIER Jean-Luc	04:51:36		7 M3M	68 M	6,584	[15]	SPIRIDON AURILLAC
72	FAURE Frédéric	04:53:54	10 M2M	69 M	6,533	[33]	LE	BOUSCAT
73	COMBIER Philippe	04:54:15	8 M3M	70 M	6,525	[15]	RUNNING CLUB	ARPAJON
74	GIRARDET Marc	04:55:26	1 M6M	71 M	6,499	[38]	SAINT MARTIN	D'URIAGE
75	BRICOUT Amaury	04:55:38	22 SEM	72 M	6,495	[31]		ESCALQUENS
76	GINIBRIERE Thierry	04:55:52	9 M3M	73 M	6,489	-		
77	ROUZIE Laurent	04:56:16	11 M2M	74 M	6,481	[12]	TEAM PIF	CAPDENAC
78	ROUMEC Grégory	04:56:54	16 M1M	75 M	6,467	[12]	BRUEJOULS TASSOU	TEAM
79	GOMBERT Philippe	04:56:56	10 M3M	76 M	6,466	[12]	PALANGES	MTV
80	DELBOSC Sylvain	04:57:00	15 M0M	77 M	6,465	[46]		CAHORS
81	ROBERT Lilian	04:57:16	12 M2M	78 M	6,459	[12]		OLEMPS
82	NOUALS Laurent	04:58:18	13 M2M	79 M	6,436	[81]	USCA	LESCURE
83	THOURON Christophe	04:58:26	14 M2M	80 M	6,434	[82]	VALENCE	D'AGEN
84	MALROUX Marc	04:58:48	15 M2M	81 M	6,426	[15]	15 EME	PARALLELE
85	FOUR Grégory	04:58:54	23 SEM	82 M	6,424	[15]		AURILLAC
86	MARCILHAC Annabelle	05:02:02	3 SEF	4 F	6,357	[12]		ESTAING
87	CLOT Hervé	05:02:17	16 M2M	83 M	6,352	[12]	LIVINHAC	LE HAUT
88	KERNE Emmanuel	05:04:08	17 M1M	84 M	6,313	[46]	FIGEAC ATHLETISME	CLUB
89	RIBES Mathieu	05:05:12	24 SEM	85 M	6,291	[64]		ANGLET
90	ROUZIES Bernard	05:05:22	2 M6M	86 M	6,288	[12]	COUREUR DE FOND	DE

## MORLHON

91	MIQUEL Vincent	05:07:21	17 M2M	87 M	6,247	[12]	ATHLE	VALLON
92	LEMARCHAND Thomas	05:09:08	25 SEM	88 M	6,211	[24]		PEZULS
93	MARTY Thierry	05:09:27	3 M4M	89 M	6,205	[12]		AUBIN
94	CURSAN Pierre	05:09:55	18 M1M	90 M	6,195	[33]		MORIZES
95	OUDNA Halim	05:09:57	18 M2M	91 M	6,195	[46]	CAPDENAC	LE HAUT
96	PHILIP Christophe	05:11:24	11 M3M	92 M	6,166	[48]	CLUB	ATHLETIQUE LANGONNAIS
97	DUMONT Jean-Philippe	05:11:27	12 M3M	93 M	6,165	[16]	TEAM 16	CLUB MULTISPORTS
98	DELAGNES Christophe	05:12:17	19 M1M	94 M	6,148	[12]	VCAN	FIRMI
99	ALVES DE SOUZAC Frédéric	05:13:02	19 M2M	95 M	6,134	[46]		GRAMAT
100	MONTERO Cédric	05:16:24	26 SEM	96 M	6,068	[33]		BORDEAUX
101	LORENTE Frédéric	05:16:39	20 M1M	97 M	6,063	[12]	CPL LA	PRIMAUBE
102	TRULLA-MONSERRAT Philippe	05:18:02	13 M3M	98 M	6,037	[12]		RIGNAC
103	LONG Stéphane	05:18:41	14 M3M	99 M	6,025	[12]		VIVIEZ
104	ALMAYRAC Ludovic	05:19:39	20 M2M	100 M	6,007	[46]		BEDUER
105	MAURIERES Jérôme	05:19:41	21 M2M	101 M	6,006	[46]	LISSAC ET	MOURET
106	DELPEUCH Marlène	05:21:35	2 M1F	5 F	5,970	[46]		BEDUER
107	HERAULT Céline	05:21:35	3 M1F	6 F	5,970	[46]		FINO
108	THERON Jérôme	05:21:44	22 M2M	102 M	5,968	[12]		VIVIEZ
109	PAUPERT Stéphane	05:24:38	16 M0M	103 M	5,914	[46]	FIGEAC	ATHLETISME CLUB
110	LAURET Myriam	05:24:46	4 SEF	7 F	5,912	[12]	TRAIL DES	RUTHENES
111	LARRIBERE Hadrien	05:27:26	27 SEM	104 M	5,864	[91]		WISSOUS
112	BONNET Freddy	05:28:39	17 M0M	105 M	5,842	[12]	TEAM	ENDURANCE SHOP RODEZ
113	DELOM Benoit	05:28:48	15 M3M	106 M	5,839	[15]	RUNNING CLUB	ARPAJON
114	ALLAIN Jean-Marie	05:29:38	1 M5M	107 M	5,825	[31]	PORTET	ATHLETIC CLUB
115	ANTOINE Gérard	05:31:04	3 M6M	108 M	5,799	[46]	SAINT	CERE
116	MASSALVE Thierry	05:31:06	4 M4M	109 M	5,799	[46]	SAINT	CERE
117	MIQUEL Frédéric	05:34:20	16 M3M	110 M	5,743	[31]		AUCAMVILLE
118	ROBIN Maxime	05:39:36	18 M0M	111 M	5,654	[16]	TEAM 16	CLUB MULTISPORTS
119	FALIES Christophe	05:39:44	23 M2M	112 M	5,651	[15]	SIPIDON	AURILLAC
120	OLIVA Sébastien	05:40:55	19 M0M	113 M	5,632	[31]		TOULOUSE

121	VIGUIER Emilien	05:40:59	20 M0M	114 M	5,631	[12]	SALLES	LA	SOURCE
122	LABRUNIE Gaëlle	05:42:05	5 SEF	8 F	5,613	[33]	US		TALENCE
123	ALET Loïc	05:42:25	28 SEM	115 M	5,607	[12]			BERTHOLENE
124	OLIVIER Frédéric	05:42:29		24 M2M	116 M	5,606	[12]	PALANGES	MTV
125	HONHON Cyrille	05:45:15	21 M0M	117 M	5,561	[46]	CAF		FIGEAC
126	PIERASCO Grégory	05:47:41		21 M1M	118 M	5,522	[12]	LIVINHAC	LE HAUT
127	DUMONT Sandrine	05:49:30	1 M3F	9 F	5,494	[16]	TEAM 16	CLUB	MULTISPORTS
128	CABROL Jean-Marie	05:55:19		17 M3M	119 M	5,404	[12]		VALADY
129	BARE Marie-France	05:59:24		1 M2F	10 F	5,342	[31]	PORTET	ATHLETIC CLUB
130	GUION Daniel	06:05:15	5 M4M	120 M	5,257	[12]		PALANGES	MTV
131	COLOMB Florian	06:14:15	29 SEM	121 M	5,130	[12]			CALMONT
132	EDDE Laurent	06:24:30	25 M2M	122 M	4,993	[15]	RUNNING	CLUB	ARPAJON
133	CHOCHOIS Frédéric	06:41:40		18 M3M	123 M	4,780	[46]		GRAMAT
134	CAMU Sandrine	06:41:41	2 M2F	11 F	4,780	[46]			GRAMAT
135	MORIZET Benjamin	06:46:05		30 SEM	124 M	4,728	[75]	TEAM TRAIL	CHIENS CASSE
136	NUEZ-GRACIA Juan-Bautista (ESP)			06:46:31		22 M0M	125 M	4,723	[92] MALMAISON
137	LE TRAON Baptiste	06:46:44		23 M0M	126 M	4,721	[75]		PARIS
ABD	CABLAT Dorian	ABD	SEM	M	ABD	[26]			DIE
ABD	BARON Franck	ABD	M3M	M	ABD	[31]			TOULOUSE
ABD	DUMONT Jonathan	ABD	SEM	M	ABD	[16]	TEAM 16	CLUB	MULTISPORTS
ABD	PERRIER Florent	ABD	SEM	M	ABD	[12]			COUBISOU
ABD	BESSET Marie	ABD	SEF	F	ABD	[12]	ONET	LE	CHATEAU
ABD	MIGAYROU Marie	ABD	M2F	F	ABD	[12]			ENTRAYGUES
ABD	GERMAIN Laurent	ABD	M0M	M	ABD	[12]	TEAM		PIF
ABD	MORINI Pierre	ABD	M0M	M	ABD	[46]	JAH		TEAM
ABD	BATCHEV Laurent	ABD	M2M	M	ABD	[12]			BOZOULS